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**IN THE CLAIMS:**

- 1 1. (Previously Presented) A programmable alarm clock system for waking a sleeper  
2 during a selected period of sleep, said programmable alarm clock system comprising:  
3 a sleep analyzing server;  
4 at least one sleep activity sensor attachable to a head of a sleeper;  
5 a receiver receiving sleep activity signals from at least one said sleep activity  
6 sensor;  
7 a local computer receiving a wake up time and received said sleep activity  
8 signals and sending said received sleep activity signals remotely to said sleep analyzing  
9 server; and  
10 a remotely triggered local alarm device sounding a wake up alarm responsive to  
11 a determination from said local computer that said sleeper should be awoken.
- 1 2. (Original) A programmable alarm clock system as in claim 1, wherein said sleep  
2 activity is brain activity and said sleep analyzing server analyzes received brain activity  
3 signals and identifies periods of slow wave sleep.
- 1 3. (Original) A programmable alarm clock system as in claim 1, wherein said sleep  
2 activity is brain activity and said sleep analyzing server analyzes received brain activity  
3 signals and identifies periods of REM sleep and non-REM sleep.
- 1 4. (Original) A programmable alarm clock system as in claim 1, wherein said at least  
2 one sensor measures brain activity using electroencephelography.
- 1 5. (Original) A programmable alarm clock system as in claim 1, wherein said at least  
2 one sensor measures brain activity using polysomnography.  
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1 6. (Previously Presented) A programmable alarm clock system as in claim 1, wherein  
2 said at least one sensor is a plurality of sensors measuring brain activity and in wireless  
3 communication with said local computer.

1 7. (Previously Presented) A programmable alarm clock system as in claim 1, wherein  
2 said at least one sleep activity sensor is one or more eyelid sensors are attached to said  
3 sleeper's eyelids measuring said eye movement, said receiver receiving sensor signals  
4 from said eyelid sensors.

1 8. (Previously Presented) A programmable alarm clock system as in claim 1, wherein  
2 said local computer is further provided with a selected sleep activity, the sleep  
3 analyzing server sending information about identified periods of said selected sleep  
4 activity to said local computer and said local computer determines from received said  
5 information when to trigger said wake up alarm relative to said wake up time.

1 9. (Previously Presented) A programmable alarm clock system as in claim 8, wherein  
2 when said local computer determines that said sleeper is in an identified period of said  
3 selected sleep activity at said wake up time, said local computer triggers said wake up  
4 alarm.

1 10. (Previously Presented) A programmable alarm clock system as in claim 9, wherein  
2 when said local computer determines that said sleeper is in an other sleep activity period  
3 identified as having a sleep activity other than said selected sleep activity at said wake  
4 up time, said local computer triggers said wake up alarm at an end to said other sleep  
5 activity period.

1 11. (Previously Presented) A programmable alarm clock system as in claim 9, wherein  
2 when said local computer determines that said sleeper is in an other sleep activity period

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3 identified as having a sleep activity other than said selected sleep activity at said wake  
4 up time, said local computer postpones triggering said alarm until a next selected sleep  
5 period.

1 12. (Previously Presented) A programmable alarm clock system as in claim 10, wherein  
2 when said local computer determines that said sleeper is in an other sleep activity period  
3 identified as having a sleep activity other than said selected sleep activity at said wake  
4 up time, if said local computer determines that the next selected sleep activity period is  
5 expected to occur beyond a selected margin, said local computer triggers said wake up  
6 alarm.

1 13. (Original) A programmable alarm clock system as in claim 8, wherein said selected  
2 sleep activity is REM sleep.

1 14. (Original) A programmable alarm clock system as in claim 8, wherein said selected  
2 sleep activity is non-REM sleep.

1 15. (Previously Presented) A programmable alarm clock system as in claim 6, wherein  
2 the server comprises:  
3 a receiving module receiving sleep activity;  
4 a signal analyzer charting sleep data and identifying sleep periods as being either  
5 selected activity sleep periods or other activity sleep periods;  
6 a signal labeler labeling selected activity sleep periods and other activity sleep  
7 periods; and  
8 a sender sending labeled said charts to the local computer.

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1 16. (Previously Presented) A programmable alarm clock system as in claim 15, further  
2 comprising:  
3 a signal processing unit receiving analog signals representative of said sleep  
4 activity and providing digital sleep data to the signal analyzer responsive to said analog  
5 signals.

1 17. (Previously Presented) A programmable alarm clock system as in claim 16, further  
2 comprising:  
3 one or more sleep activity sensors attached to the head of said sleeper, each of  
4 said one or more sensors sending sleep activity signals to said receiving module.

1 18. (Previously Presented) A programmable alarm clock system as in claim 17, wherein  
2 at least one of said one or more sleep activity sensors is sensing brain activity.

1 19. (Original) A programmable alarm clock system as in claim 18, wherein the signal  
2 analyzer identifies sleep periods based upon selected brain activity prototypes.

1 20. (Previously Presented) A programmable alarm clock system as in claim 17, wherein  
2 at least one of said one or more sense activity sensors senses eye movement.

1 21. (Currently Amended) A method of operating a programmable alarm clock, said  
2 method comprising the steps of:

- 3 a) receiving brain sleep activity signals and sending the brain activity  
4 signals to a remotely connected server;  
5 b) digitizing said brain sleep activity signals;  
6 c) analyzing said digitized brain sleep activity signals to identify selected  
7 sleep activity periods and other sleep activity periods;

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- 8 d) waiting for a designated wake up time;  
9 e) determining whether said brain sleep activity signals indicate that a  
10 sleeper is in a period of said selected sleep activity or a period of other sleep activity at  
11 said designated wake up time; and  
12 f) sounding an alarm at said designated wake up time if said brain sleep  
13 activity signals indicate said selected sleep activity.

1 22. (Currently Amended) A method of operating a programmable alarm clock as in  
2 claim 21, when said brain sleep activity signals indicate said other sleep activity period  
3 at said wake up time, said method further comprising the steps of:

- 4 g) determining an alarm time to sound said alarm; and  
5 h) sounding said alarm at said alarm time.

1 23. (Previously Presented) A method of operating a programmable alarm clock as in  
2 claim 22, wherein the determining step (g) comprises the steps of:

- 3 i) determining whether a wait margin has been selected, the alarm time  
4 being set to said designated wake up time when no wait margin has been selected;  
5 ii) setting the alarm time when said next expected selected sleep activity  
6 period is within the wait margin; and  
7 iii) if said other sleep activity continues beyond said wait margin, setting  
8 said alarm at the end of said wait margin.

24. (Cancelled).

1 25. (Currently Amended) A method of operating a programmable alarm clock as in  
2 claim [[24]] 23, wherein the analyzing step (c) comprises the steps of:

- 3 i) creating a prototype chart of said digitized brain activity signals; and

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4           ii)     labeling periods in said prototype chart as being selected sleep activity  
5           periods and other sleep activity periods.  
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1       26. (Previously Presented) A method of operating a programmable alarm clock as in  
2       claim 25, wherein said prototype chart is sent to a local computer.

1       27. (Previously Presented) A method of operating a programmable alarm clock as in  
2       claim 26, wherein in the step (e) of determining whether sleep activity signals indicate  
3       that the sleeper is in the selected sleep activity period, said local computer interrogates  
4       the labeled prototype chart, determining therefrom whether the designated wake up time  
5       is in one of the selected sleep activity periods.

1       28. (Original) A method of operating a programmable alarm clock as in claim 27,  
2       wherein the local computer sends a trigger to an alarm clock in the steps (f) and (h) of  
3       sounding the alarm, the alarm clock sounding the alarm responsive to said trigger.

1       29. (Original) A method of operating a programmable alarm clock as in claim 28,  
2       wherein the selected sleep activity is non-REM sleep.

1       30. (Original) A method of operating a programmable alarm clock as in claim 28,  
2       wherein the selected sleep activity is REM sleep.

1       31. (Original) A method of operating a programmable alarm clock as in claim 28,  
2       wherein the selected sleep activity is slow wave sleep.

1       32. (Previously Presented) A computer program product for operating a programmable  
2       alarm clock system, said computer program product comprising a computer usable

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3 medium having computer readable program code thereon, said computer readable  
4 program code comprising:  
5 computer readable program code means for digitizing sleep activity signals;  
6 computer readable program code means for analyzing digitized said sleep  
7 activity signals to identify selected sleep periods and non-selected sleep periods;  
8 computer readable program code means for determining whether to send a  
9 trigger responsive to a designated wake up time is in a selected sleep period or non-  
10 selected sleep period; and  
11 computer readable program code means for sounding an alarm responsive to  
12 said trigger.

1 33. (Previously Presented) A computer program product for operating a programmable  
2 alarm clock system as in claim 32, wherein said computer readable program code means  
3 for determining an alarm time comprises:  
4 computer readable program code means for determining whether a wait margin  
5 has been selected, a trigger time being set to said designated wake up time when no wait  
6 margin has been selected;  
7 computer readable program code means for setting said trigger time as a next  
8 expected selected sleep activity period when said next expected selected sleep activity  
9 period is determined to be expected to occur within the wait margin; and  
10 computer readable program code means for setting said trigger time at the end of  
11 said wait margin, when a non-selected sleep activity period is expected to extend  
12 through said wait margin.

1 34. (Original) A computer program product for operating a programmable alarm clock  
2 system as in claim 33, further comprising:  
3 computer readable program code means for forwarding received sleep activity  
4 signals to a remotely connected server.

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1 35. (Previously Presented) A computer program product for operating a programmable  
2 alarm clock system as in claim 34, wherein the sleep activity signals are brain activity  
3 signals and said computer readable program code means for analyzing digitized brain  
4 activity comprises:

5 computer readable program code means for creating a prototype chart of said  
6 digitized brain activity signals;

7 computer readable program code means for labeling periods in said prototype  
8 chart as being selected sleep periods and non-selected periods; and

9 computer readable program code means for sending each labeled said prototype  
10 chart to a local computer.

1 36. (Previously Presented) A computer program product for operating a programmable  
2 alarm clock system as in claim 35, wherein said computer readable program code means  
3 for sounding said alarm comprises:

4 computer readable program code means for causing said local computer to send  
5 said trigger to a local alarm device.

1 37. (Previously Presented) A computer program product for operating a programmable  
2 alarm clock system as in claim 34, wherein said sleep activity signals are indicated by  
3 eye movement.

1 38. (Previously Presented) A computer program product for operating a programmable  
2 alarm clock system as in claim 37, wherein said selected sleep activity is REM sleep.



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1 39. (Previously Presented) A computer program product for operating a programmable  
2 alarm clock system as in claim 37, wherein said selected sleep activity is non-REM  
3 sleep.

1 40. (Previously Presented) A computer program product for operating a programmable  
2 alarm clock system as in claim 37, wherein said selected sleep activity is slow wave  
3 sleep.